



Customize your
Active Ice® 3.0 Cold
Therapy System!

COMFORTABLE • EASY-TO-USE • PORTABLE

When should I use cold therapy or moist heat therapy?

POLAR PRODUCTS Hot and Cold Therapy

Active Ice® 3.0 Cold Therapy System

Delivers maximum post-surgery pain relief!

System includes your choice of universal or
targeted body part therapy pads. Elastic belts
allow for gentle, adjustable compression therapy.



Universal



Knee



Shoulder



Back & Hip



Foot & Ankle



Hand & Wrist



Universal
Rectangular



Double System
#AIS3.0-15-D-KB

The Active Ice®
3.0 Double
Cold Therapy
System offers
convenient
cold therapy
to two parts
of the body
simultaneously!

Cold therapy is for injuries and acute pain.
Ice calms down inflamed, hot and swollen
tissues, promotes healing and reduces the
pain of inflammation.

**Heat therapy is for muscles,
chronic pain and stress.**

Heat comfortably reduces the
pain of muscle spasms and
soothes the nervous system
and the mind. Stress can be a
major factor in many chronic
pain problems.

*Caution: Do not use heat therapy
on an injury that is already warm to
the touch.*

Alternating Cold and Heat

Some experts like The Mayo Clinic
recommend alternating hot and cold
therapy for effective pain relief from
overuse injuries and chronic joint pain.

Moist Heat vs. Dry Heat

For most people, moist heat provides
better pain relief than dry because it
penetrates deeper to relax tight muscles
and increase circulation to the area
through vasodilatation.



*Please note: Consult your doctor before using any type
of cold or hot therapy. Always follow your healthcare
professional's recommendations.*



*"I had knee
replacement
surgery a month
ago and I have
been using this
system three times
per day.*

*I love it! It controls
my swelling quite
well. It made a big
difference for my
recovery.*

*I HIGHLY
recommend this
quality system."*

– Derek in MD



Whisper Quiet, High-Efficiency Pump
circulates cold water through 5 feet of
insulated water lines.

**Patent Pending Programmable
Timer** allows patient to safely
set "on" and "off" duration
cycles per your doctor's
recommendation.



A key safety feature!

On/Off Switch eliminates the danger of
fumbling through the dark to unplug system.

9-Quart or 16-Quart Cooling Reservoirs allow
for longer lasting cold therapy.

Additional Upgrades: Lithium-ion Battery Pack
and Temperature Flow Control.



#AIS3.0-9-HC

Active Ice® Head Cap continuously
circulates cool water throughout the
cap to provide effective cold therapy.

*"I absolutely love this head cap
and would recommend it to anyone
suffering from frequent migraines!"*
– Heather in Florida



Visit polarproducts.com to
see our complete hot & cold
therapy and body cooling
product lines.

GSA Contract #V797D-30220

Natural, Drug-Free Pain Relief

polarproducts.com



*"This system is a MUST for anyone who
wants to accelerate their post-surgery
recovery time. Using it has led to less
pain and swelling."* – Barbara in VA

Read more customer reviews at www.polarproducts.com.

Soft Ice® Cold and Hot Packs

Packs stay soft, flexible and comfortable when frozen!

The patented eco-friendly formula transfers heat out of the area more effectively than alternate methods.

Pack sizes available from 3" x 6" to 11" x 23".

You can customize the packs with your logo, name and contact info with a minimum order of just 72 packs.



SOFT AND FLEXIBLE • SAFE AND NON-TOXIC • DURABLE AND REUSABLE

Soft Ice® Compression Therapy Wraps

Insulated wraps deliver gentle, adjustable compression. Wrap pockets hold Soft Ice® packs securely in place for convenient hot or cold therapy.



Shoulder Wrap



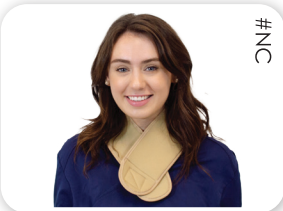
Knee Wrap



Back Wrap



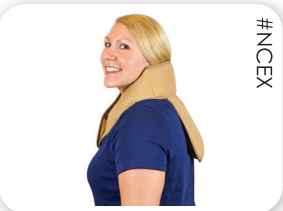
Foot/Ankle/Elbow



Neck Wrap



Head & Jaw



Neck & Spine Wrap

Visit our website to see our complete line of targeted and universal compression wraps.

Roller Ice® Trigger Point

The therapeutic benefits of massage and cold/hot therapy in an ergonomic tool with a stainless steel ball or bullet.

1.800.763.8423 • www.polarproducts.com • polar@polarproducts.com



Thera-Temp® Moist Heat Therapy Wraps

Professional-quality microwavable wraps provide deep-penetrating and effective moist heat therapy. Therapeutic beads collect and hold moisture from humidity in the air. These non-organic beads will never decay or develop an odor!

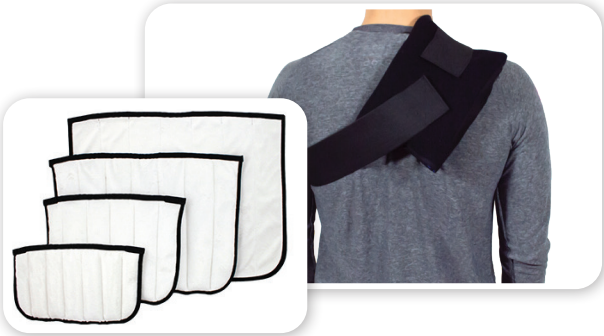
Designed with luxurious fleece on the side nearest the skin and insulated multi-ply fabric with a vapor barrier on the outside to direct the moisture and heat toward the body.



Cervical Wrap



Shoulder Wrap



Target, Standard, King, XL Pad



Neck & Spine Wrap



Eye & Sinus Wrap



Wrist Wrap



Knee Wrap



Back Wrap



Mitt

Pain Relief Kits

Targeted combination kits provide the therapeutic benefits of both cold compression and moist heat therapy. Save money when you purchase a kit!



Migraine & Headache Pain Relief Kit



Head & Neck Pain Relief Kit