

Active Ice® 2.0 Therapy System



#UB

The universal u-shaped bladder can be used on any part of the body that needs targeted cooling therapy. Also available: rectangular or foot-shaped bladder.



#RB



#FB

Optional Compression Wraps hold the universal bladder comfortably, provide a gentle compression and insulate the targeted area.



#SAW

Shoulder



#KAW

Knee



#LAW

Back and Hip

"This system is a MUST for anyone who wants to accelerate their post-surgery recovery time. Using it has led to less pain and swelling."

- Barbara in VA



#AIS-D

The Active Ice® Double Universal Therapy System offers convenient cold therapy to two parts of the body simultaneously.

Custom Systems Available!

Contact us at 1.800.763.8423 for a quote.

When Should I Use Cold vs. Moist Heat Therapy?

Cold therapy is for injuries and acute pain.

Ice calms down inflamed, hot and swollen tissue and reduces the pain of inflammation.

Heat therapy is for muscles, chronic pain and stress.

Heat comfortably reduces the pain of muscle spasms and cramps and soothes the nervous system and the mind. Stress can be a major factor in some chronic pain.



Caution: Do not use heat therapy on an injury that is already warm to the touch.

ALTERNATING COLD AND HEAT

Some experts, like the Mayo Clinic, recommend alternating hot and cold therapy for effective pain relief from overuse injuries and chronic joint pain.



MOIST HEAT VS. DRY HEAT

For most people, moist heat provides better pain relief than dry because it penetrates deeper to relax tight muscles and increase circulation to the area through vasodilatation.

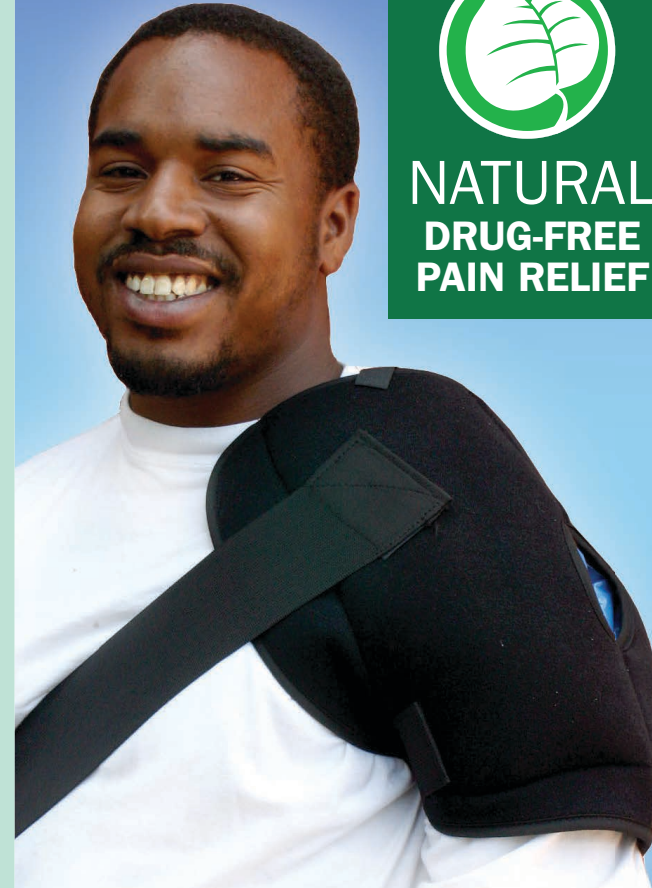
Please note: Consult your doctor before starting any type of therapy. Always follow your healthcare professional's recommendations.

Visit www.polarproducts.com to see our complete hot & cold therapy product line. GSA Contract #V797D-30220

Hot & Cold Therapy



NATURAL DRUG-FREE PAIN RELIEF



THERAPY SYSTEM

Quiet, high-efficiency brushless pump for steady cooling therapy



Delivers maximum post-surgery pain relief!

- Universal bladder can be used on any part of the body that needs targeted cold therapy
- Adjustable flow rate temperature control (optional)
- 5 feet of insulated water lines circulate cold water (4 foot extensions available)
- 9-quart cooling reservoir

OPTIONAL FEATURES

15-quart cooling reservoir offers extended time between adding ice



Lithium ion battery pack offers mobility. (System includes 12-volt transformer)



Retractable handle and wheels



POLAR PRODUCTS

polarproducts.com 800-763-8423

Order online at www.polarproducts.com

Soft Ice® Cold & Hot Packs

Packs stay soft, flexible and comfortable when frozen!

The patented eco-friendly formula transfers heat out of the area more effectively than alternate methods.

Pack sizes available from 3" x 6" to 11" x 23".

You can customize the packs with your logo, name and contact info with a minimum order of just 72 packs.



SOFT AND FLEXIBLE • SAFE AND NON-TOXIC • DURABLE AND REUSABLE

Soft Ice® Compression Therapy Wraps

- Insulated wraps deliver a gentle, adjustable compression.
- Wrap pockets hold Soft Ice® Packs securely in place for convenient cold or hot therapy.



Shoulder Wrap



Knee Wrap



Neck/Spine Wrap



Foot/Ankle/Elbow



Head and Jaw



Neck Wrap



Back and Hip Wrap

Visit our website to see our complete line of targeted and universal compression wraps.

Roller Ice® Trigger Point

The therapeutic benefits of massage and cold/hot therapy in an ergonomic tool with a stainless steel ball or bullet.



1.800.763.8423 • www.polarproducts.com • polar@polarproducts.com

Thera-Temp® Moist Heat Therapy Wraps

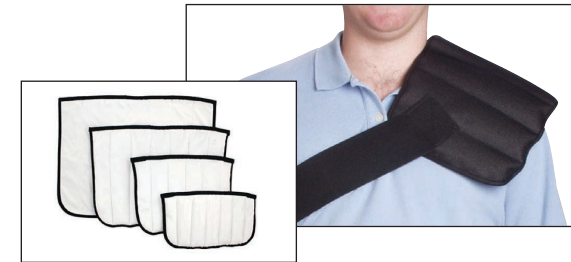
- Professional-quality microwaveable wraps provide deep-penetrating, effective moist heat therapy.
- Therapeutic mineral beads collect and hold moisture from humidity in the air. These non-organic beads will never decay or develop an odor!
- Designed with soft, luxurious fleece on the side nearest the skin and insulated multi-ply fabric with a vapor barrier on the outside to direct the moisture and heat toward the body.



Cervical Wrap



Shoulder Wrap



Target, Standard, King, XL Pad



Neck/Spine Wrap



Sinus Wrap



Wrist Wrap



Knee Wrap



Back and Hip Wrap



Mitt

HOT & COLD PAIN RELIEF KITS

Targeted kits provide the therapeutic benefits of both cold compression and moist heat therapy for pain management.

Save 10% when you purchase a therapy kit!



Migraine and Headache Pain Relief Kit

#MHPRK



Head and Neck Deluxe Pain Relief Kit

#NPRK