OPERATING INSTRUCTIONS

1) **ALWAYS BEGIN WITH THE POWER SUPPLY UNPLUGGED.**
2) Completely fill the unit with ice to the return flow tube at the top of the unit.
3) Fill the unit with clean, cold water halfway between the top and bottom tubes. (Approximately 2 – 3 quarts.)
4) Connect hose to the therapy bladder or accessory. Couplings "click" when properly connected.
5) Connect power supply to the unit and plug into wall outlet.
6) Turn the unit on and run the unit with the bladder flat on a surface for five minutes. This will fill the system.
7) Position bladder or accessory on the targeted therapy area. **Caution: Never use the therapy bladder directly on the skin.** (See included instructions.)
8) Always ensure there is water flowing out of the return tube at the top of the unit. **Caution: Never run the pump without water. This will cause pump failure.**
9) When the temperature has risen outside the desired level, refill with ice.
10) Completely empty the unit and wipe out after each use.

WARNINGS

1) **USE ONLY UNDER THE DIRECTION AND SUPERVISION OF A LICENSED HEALTHCARE PRACTITIONER** (See included instructions.)
2) Care and supervision must be provided when using this system for children, diabetics and unconscious or incapacitated people.
3) **Always use an insulating layer between the therapy bladder and the skin.** (See included instructions.)
4) If numbness occurs, discontinue use and consult your prescribing healthcare practitioner immediately.
5) **Danger!** Risk of explosion if used in the presence of flammable anesthetics.
6) **Contact Polar Products for service.**