

ACTIVE ICE® 3.0 COLD THERAPY SYSTEM

Shoulder Pad Installation Guide

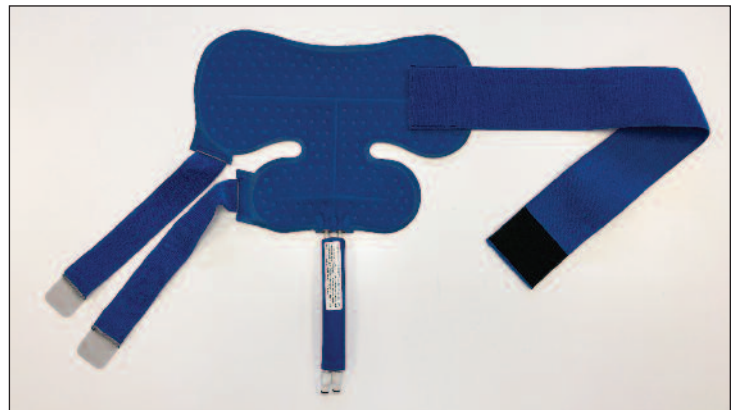
Detached 4" x 35" Belt

When installing the shoulder pad, be sure to have a protective layer of cloth between the pad and the skin. A cotton T-shirt works well. Run water through the pad before installing per step (h) on page 3 of the AIS 3.0 manual. For the shoulder pad, we recommend disconnecting the pad from the cooling reservoir to install.

NOTE: It is always helpful to have assistance in installing and adjusting the shoulder pad, especially the first time.



Right Shoulder Therapy: Attach the 4" x 35" belt as above



Left Shoulder Therapy: Attach the 4" x 35" belt as above



Attach the bottom belt to the small wing, making a loop.



Attach the middle belt to the large wing, making a second loop.



Right Shoulder Therapy



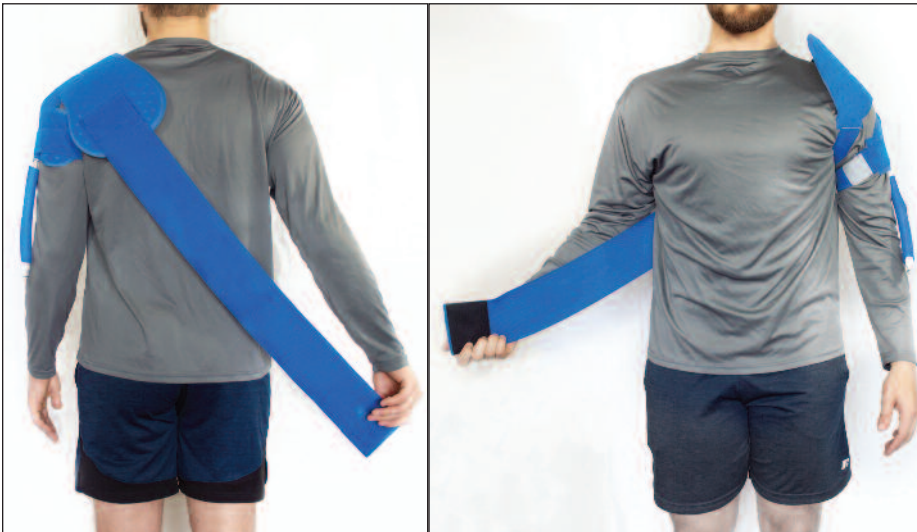
Left Shoulder Therapy

Place your hand through the two loops with the large wing on top.



Pull the pad up on the shoulder. Large belt should hang down the back, connector hose should hang down the arm.





Loop the large belt around the back, under the arm, and attach to the front of the large wing of the shoulder pad.



Adjust all three belts for fit and comfort.



Be sure the metal tabs on the female couplings are pushed down. Then insert the male couplings from the pad hose into the female couplings of the cooling reservoir hose. Insert one at a time. There should be an audible “click” when the couplings are properly seated.