



The Polar Active Ice® 3.0 Cold Therapy System Difference:

ELECTRONIC DIGITAL TIMER

A critical safety feature! Set duration of therapy in 30 minute increments per doctor's recommendation.

"A timer is a very important factor for healing. I am a nurse and we see many patients who have self-inflicted nerve damage due to constant icing of an extremity. This has been a lifesaver." – Linda, R.N. in CO

LARGEST COOLING RESERVOIRS

Our standard nine (9) quart and fifteen (15) quart upgrade are the largest cooling reservoirs available on the market. Larger reservoirs hold more ice and allow for more time between adding ice. Most competitive systems do not tell you the reservoir size because they are small (usually around 4 quarts). With twice the reservoir size and twice the ice, Active Ice® will get you through the night!



CONVENIENT ON & OFF

On/off switch eliminates the danger of fumbling through the dark to unplug system.

WHISPER QUIET

High-efficiency pump quietly circulates water.



When should I use cold therapy or moist heat therapy?

Cold therapy is for post-surgery recovery, injuries and acute pain.

Ice calms down inflamed, hot and swollen tissues and reduces the pain of inflammation.

Heat therapy is for muscles, chronic pain and stress.

Heat comfortably reduces the pain of muscle spasms and soothes the nervous system and the mind. Stress can be a major factor in many chronic pain problems.

Caution: Do not use heat therapy on an injury that is already warm to the touch.

Alternating Cold and Heat

Some experts like The Mayo Clinic recommend alternating hot and cold therapy for effective pain relief from overuse injuries and chronic joint pain.

Moist Heat vs. Dry Heat

For most people, moist heat provides better pain relief than dry because it penetrates deeper to relax tight muscles and increase circulation to the area through vasodilatation.

Please note: Consult your doctor before using any type of cold or hot therapy. Always follow your healthcare professional's recommendations.



POLAR PRODUCTS ACTIVE ICE® 3.0 Cold Therapy System

ACTIVE ICE® 3.0 Cold Therapy System Drug-Free Pain Relief!



- Specifically designed to deliver drug-free pain relief after injury or post-surgery
- Provides effective treatment for reducing pain and inflammation and facilitating recovery
- Comfortable and easy-to-use
- Multiple bladder and compression wrap options for many different body parts, including knees, shoulders, back, hips, ankles, elbows, calves, limbs, and more
- Optional adjustable temperature flow control for maximum comfort



CUSTOM SYSTEMS AVAILABLE!

Call 1.800.763.8423 or e-mail polar@polarproducts.com for a quote.



Visit polarproducts.com to see our complete hot & cold therapy product line.
GSA Contract #V797D-30220

Natural, Drug-Free Pain Relief
polarproducts.com



"This system is a MUST for anyone who wants to accelerate their post-surgery recovery time. Using it has led to less pain and swelling." – Barbara in VA
Read more customer reviews at www.polarproducts.com.

Universal

Knee

Back/Hip

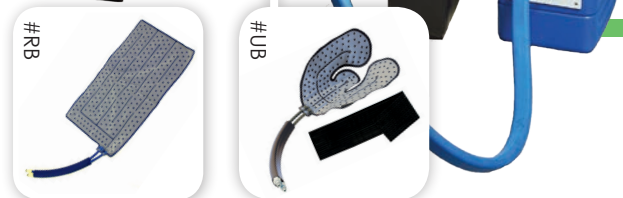
Foot/Ankle



Shoulder

Hand/Wrist

Our customers say...



- Standard Active Ice® 3.0 System includes choice of Universal U-Shaped or Rectangular Bladder
- Position bladder on any part of the body with included 3" x 44" elastic belt
- Targeted compression wraps (#KAW, #SAW, #LAW) are compatible with U-Shaped Bladder



Additional accessories for cold therapy on-the-go:

- Rechargeable Lithium-ion Battery Pack
- Power Take Off Adapter

"My 'Active Ice ice-o-lator' (as we call it) is as important to my recovery from shoulder surgery as the pain meds. It cools my shoulder, reducing the pain I experience, and reducing the inflammation, which allows for quicker healing. Get one before your own surgery. You'll be glad you did." – David in CA

"Most physicians simply tell patients to "ice" an injured body part. But when the physician becomes the patient, she learns how messy and inconvenient most ice packs can be - not to mention they simply don't outlast the pain. When I blew out my knee I purchased the Active Ice Therapy System and now I call it my portable life support system - it provides immediate, continuous pain relief that is non-sedating and not addicting. I love this machine and it goes everywhere with me - day and night." – Malinda, M.D., F.A.C.E.P., in MI

Cool Flow® Head Cap

Continuously circulates cool water throughout the cap to provide effective cold therapy.

"I absolutely love this head cap and would recommend it to anyone suffering from frequent migraines!" – Heather in Florida



Active Ice® 3.0 Double Therapy System

Our 9 quart and 15 quart systems can be customized to offer convenient cold therapy to two parts of the body simultaneously!

"I absolutely love my Active Ice System with dual bladders and compression wraps for both knees. Worth every penny after my double knee procedure." – Gloria in SC

