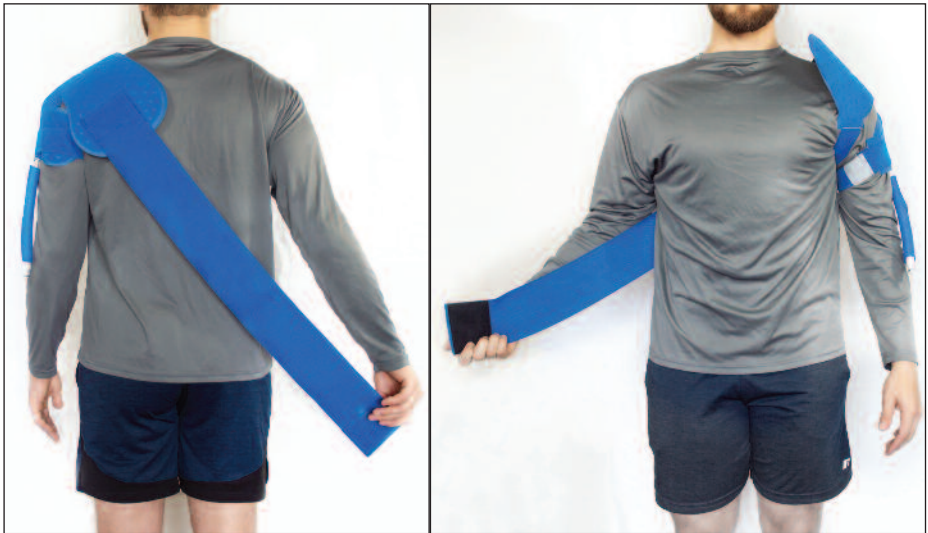


**Active Ice® 3.0 Shoulder Pad Installation - Detached Belt**



Loop the large belt around the back, under the arm, and attach to the front of the shoulder pad.



Adjust all three belts for fit and comfort.



Be sure the metal tabs on the female couplings are pushed down. Then insert the male couplings from the pad hose into the female couplings of the cooling reservoir hose. Insert one at a time. There should be an audible “click” when the couplings are properly seated.

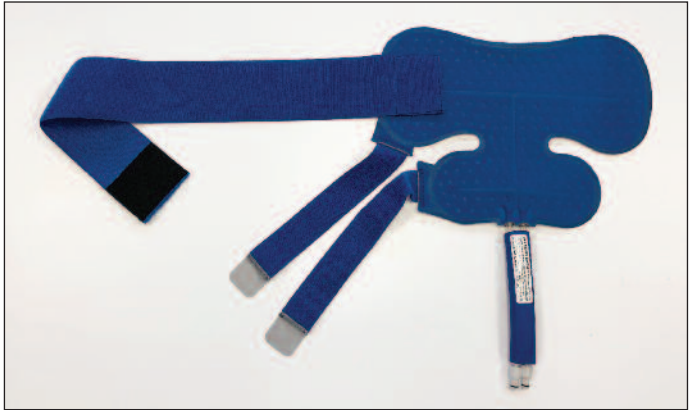
**ACTIVE ICE® 3.0 COLD THERAPY SYSTEM**

**Shoulder Pad Installation Guide**

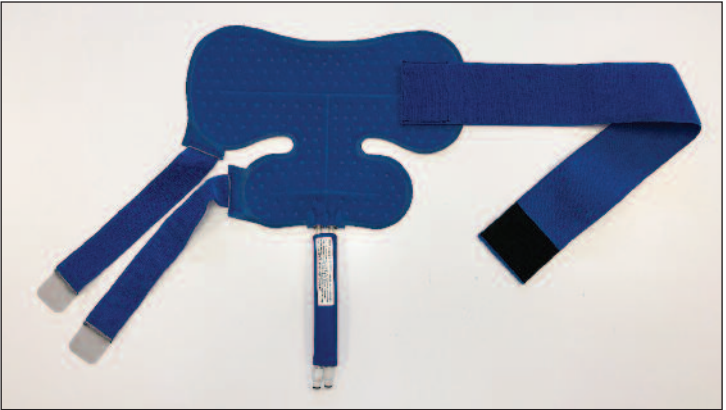
**Detached 4” x 35” Belt**

When installing the shoulder pad, be sure to have a protective layer of cloth between the pad and the skin. A cotton T-shirt works well. Run water through the pad before installing per step (h) on page 3 of the AIS 3.0 manual. For the shoulder pad, we recommend disconnecting the pad from the cooling reservoir to install.

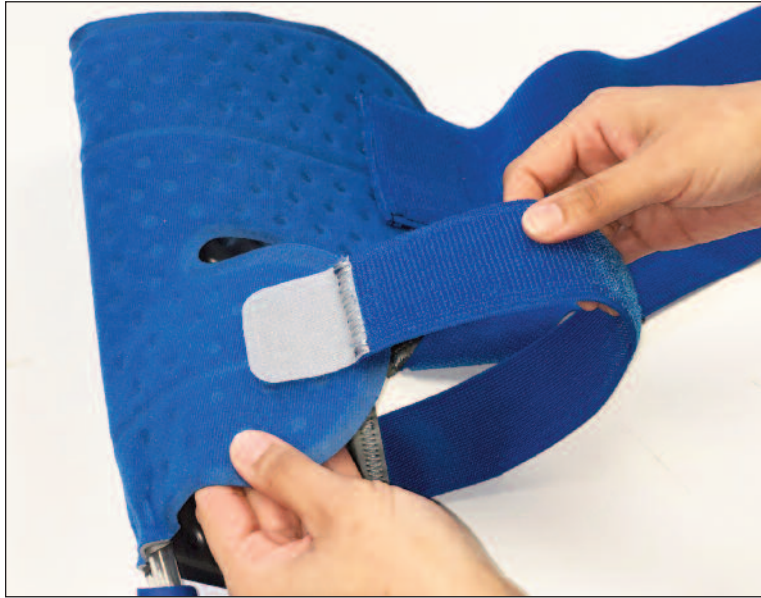
**NOTE:** It is always helpful to have assistance in installing and adjusting the shoulder pad, especially the first time.



**Right Shoulder Therapy:** Attach the 4” x 35” belt as above



**Left Shoulder Therapy:** Attach the 4” x 35” belt as above



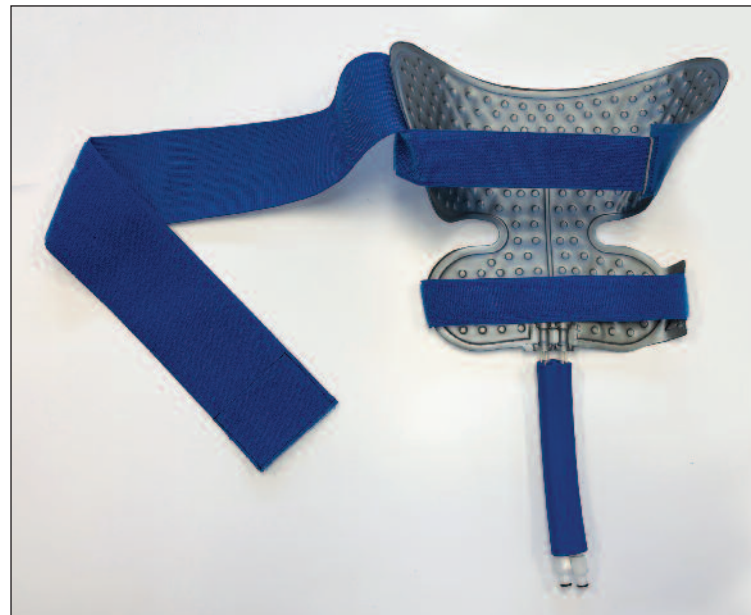
Attach the bottom belt to the small wing, making a loop.



Attach the middle belt to the large wing, making a second loop.



Right Shoulder Therapy



Left Shoulder Therapy

Pull the pad up on the shoulder. Large belt should hang down the back, connector hose should hang down the arm.

