Polar cooling and therapy breast packs use our lightweight Cool58® pack inserts. These reusable & non-toxic packs provide a comfortable, constant cooling temperature of 58° Fahrenheit (14.5° C) regardless of humidity or outside temperature. Simply submerge the pack in ice water for 10 minutes, or place in a refrigerator or freezer for a bit longer, to activate.

The Cool58® Breast Cooler is also great for providing pain relief.

- **PCBC COOL58® PHASE CHANGE COOLING BRA COOLER**
  When you are overheated, sometimes all you need is a quick, refreshing cool down in just the right places. Includes:
  - Two 2.75” x 4.25” reusable, non-toxic Cool58® packs.
  - Two 100% cotton covers. (Bra not included)

- **PCBC-LG COOL58® PHASE CHANGE BREAST & CHEST COOLER**
  Lightweight, full coverage coolers provide cooling and therapy. Can be easily inserted into bra or just placed on the breast or chest for therapy. Includes:
  - One 5.75” diameter 4 section reusable, non-toxic Cool58® pack.
  - One 100% cotton cover.
DIRECTIONS FOR USE

Cool 58® Phase Change Cooling Pack
Place the pack in a cooler of ice water, refrigerator, or freezer until frozen hard. The pack turns solid white when it is activated. When ready to use, simply remove the pack from the ice water, refrigerator, or freezer and place in the cloth cover.

Cool 58® Bra Coolers
Pack(s) fit into the covers which are made of 100% soft and comfortable cotton fabric. Insert into bra underneath the breast or on the side as preferred. Multiple Bra Coolers may be used.

Cool 58® Breast & Chest Cooler
Pack fits into the cover which is made of 100% comfortable cotton fabric. Cooler may be used in a variety of ways as desired; on the chest, in a bra and more.

CARE AND STORAGE
Cool58® covers may be hand washed with a mild detergent using cold water. Air dry. The packs may be wiped clean with soap and water and allowed to air dry. Be sure packs are dry before storing in the freezer. When the system is not in use, it is best to store the Cool58® packs in a cool, dry location.

WARNINGS AND CAUTIONS
In case of pack rupture or leakage, discontinue use immediately. Although encapsulated material is non-toxic, it can cause a skin rash. Wash affected area with warm soapy water. Contact a physician immediately if swallowed or in case of eye exposure. Wash all exposed garments with baking soda and warm soapy water.

DO NOT EXPOSE COOLING PACKS TO HEATED EQUIPMENT AND/OR ENVIRONMENT EXCEEDING 300 DEGREES FARENHEIT.

Caution: Prior to using this or any body cooling product for a medical condition, please consult with your health care professional.

Polar Products Inc. will not be liable for injuries or damages resulting from misuse or misapplication of our products.