

Deluxe Cooling Ankle & Foot Wrap

This versatile cooling wrap can be used in a number of different ways to provide discreet cooling, cold therapy, and more!

This wrap includes one or more of the following packs for convenient cooling relief:

QUICK COOL™ COOLING PACK

Reusable pack made of biodegradable, non-toxic materials **stays soft and flexible** when frozen for comfortable, short-term cooling for **up to 45 minutes**. Ideal for cold therapy applications or whenever a quick, convenient cool down is desired.

KOOL MAX® COOLING PACK

Reusable pack made of biodegradable, non-toxic materials **freezes solid** to provide longer term cooling for **up to 2 hours**. Pack requires access to a freezer and time to freeze but offers the highest level of cooling of any cooling pack.

COOL58® PHASE CHANGE COOLING PACK

Reusable pack made of non-toxic materials **freezes solid at 58 degrees Fahrenheit** (14.4° Celsius) to provide comfortable cooling at a constant 58° F for **up to 1.5 hours**. Pack may be recharged in ice water in approximately 15 minutes. Great for vacations and other situations when a freezer is not available (pack can be activated in a cooler of ice water or refrigerator!).



Advantages of the Deluxe Cooling Ankle & Foot Wrap:

EFFECTIVE AND COMFORTABLE RELIEF

Wraps comfortably around the ankle to provide cooling and therapeutic relief.

DISCREET AND LIGHTWEIGHT

Lightweight cooling pack tucks discreetly in the pocket sewn in the ankle wrap.

QUALITY MATERIALS

The cooling ankle wrap is designed and constructed for long-term performance. Wrap and reusable packs will last for many years with proper care, maintenance, and storage.

IMPROVES PERFORMANCE, SAFETY AND COMFORT

Cooling lessens the debilitating effect of heat during work, athletics and day-to-day life.



Deluxe Ankle Wrap with Kool Max packs



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Deluxe Cooling Ankle & Foot Wrap

If you have any questions or concerns regarding your product, please contact our Customer Service at 800.763.8423 or send an e-mail to polar@polarproducts.com. We will be happy to help!

DIRECTIONS FOR USE

Activate each cooling pack as needed according to the instructions below. When the pack is activated, place the pack in the ankle wrap pocket or transport in a cooler for later use.

Note: Wrap should fit snug to the body for optimal performance.

Kool Max® Water-Based Cooling Pack

Place the pack in a freezer until frozen hard. For best results, store the pack in the freezer so it's ready when you are. When ready to use, simply remove from the freezer and insert in ankle wrap pocket.

Quick Cool™ Soft and Flexible Water-Based Cooling Pack

Store the pack in a freezer until ready to use. Note: Pack will remain soft and flexible when frozen. When ready to use, simply remove from the freezer and insert in ankle wrap pocket.

Cool 58® Phase Change Cooling Pack

Place the pack in a cooler of ice water, refrigerator, or freezer until frozen hard. The pack turns solid white when it is activated and will do this in approximately 15 minutes in ice water. Longer time is required in the refrigerator or freezer. When ready to use, simply remove the pack from the ice water, refrigerator, or freezer and insert in ankle wrap pocket.

Caution: one or more layers of insulating fabric should always be worn between the skin and the Kool Max® cooling pack.

CARE AND STORAGE

Hand wash the wrap in cool water with a mild detergent. Hang in a well-ventilated area to dry. Cooling packs may be wiped clean with a damp cloth.

Note: Store packs in the freezer or cool, dry environment when not in use.

NATURAL, DRUG-FREE COLD THERAPY

In addition to keeping you cool, the Deluxe Cooling Ankle Wrap offers cold therapy when used with the Quick Cool™ Pack! Cold therapy offers effective drug-free pain relief for bruises, muscle aches, swelling, headaches, chronic pain and much more! The wrap can be used to position the pack on the target area. **Caution: Use only the Quick Cool™ packs - not the Kool Max® packs - for cold therapy applications. Always layer insulating fabric between the pack and the skin. Cold therapy used for injuries should be limited to 20 minute intervals. Consult your health care professional.**

WE ALSO RECOMMEND:



Cooling Fashion Scarves and Hats



Cooling Vests



Migraine and Headache Pain Relief Kit

See our complete product line at polarproducts.com

WARNINGS AND CAUTIONS

Consult your health care professional prior to using this or any cooling products for a medical condition. Kool Max® and Cool58® cooling packs are designed for the specific objective of cooling the body. Polar Products recommends that all cooling garments using Kool Max® packs be worn over clothing or other fabric layers to regulate the garments' cooling potential. The amount of layering required to ensure the highest level of cooling and comfort will vary from person to person and is strictly the responsibility of each individual user.

Polar Products Inc. will not be liable for injuries or damages resulting from misuse or misapplication of our products.



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