

TESTIMONIALS

WHAT CUSTOMERS ARE SAYING ABOUT OUR PRODUCTS

"I use the Active Ice® system because I have chronic intractable headaches. I sleep with the Universal Rectangular Pad attachment on my pillow every night. I had brain surgery a year ago that left me with widespread pain all over my head. Nerve damage from the surgery also caused thermoregulatory dysfunction where my head and upper torso feel burning hot while my extremities feel freezing cold. Your system has made a world of difference in dealing with all these symptoms!"

- Suzanna in New York

"My son has found the Active Ice® Head Cap very helpful and we have used it quite a bit. He uses ice packs a lot but these only last a short time whereas the head cap can be used for hours. Another bonus is we were able to run the unit in the vehicle keeping him nice and comfortable while we travel."

- Mark in Canada

"I enjoy the Migraine & Headache Pain Relief Kit. Suffering from migraines and neck pain, this gives me the ease of moving if I need to without having to keep readjusting. I suffer from iih/ptc."

- Paula in Virginia

"The Soft Ice® Neck & Head Wrap works really well. I use this around my head for headaches, and it provides great relief."

- Courtney in Virginia

[Read more customer reviews at polarproducts.com.](https://www.polarproducts.com)

ROLLER ICE® TRIGGER POINT MASSAGE



Roller Ice® combines the therapeutic benefits of massage and cold or hot therapy in an effective tool with a stainless steel massage ball or bullet.



ROLLER ICE®
(#RI)



ROLLER ICE®
BULLET (#RIB)

SOFT ICE® PILLOWCASE



#SIPC

The Soft Ice® Pack naturally dissipates heat, producing comfortable cooling relief all night. Freeze the flexible pack for additional cold therapy for the head.

SEE OUR COMPLETE PRODUCT
LINE AT [POLARPRODUCTS.COM](https://www.polarproducts.com)



HOT & COLD THERAPY FOR MIGRAINES & HEADACHES

NATURAL, DRUG-FREE PAIN RELIEF



PRODUCT GUIDE

WHY USE COLD OR MOIST HEAT THERAPY?

Cold and moist heat therapy can safely and effectively complement the pain relief methods prescribed by your healthcare professional.

COLD THERAPY

constricts blood vessels and calms inflammation. This can reduce the pressure in your head, which may ease the pain. Cold compresses also have a natural numbing effect.



MOIST HEAT THERAPY

will relax muscles. If there is tension in the jaw, neck or shoulders, applying heat relaxes tight muscles and may ease the pain. Heat can relax the entire body to help you manage stress.



MOIST HEAT VS DRY HEAT

For most, moist heat provides better pain relief than dry because it penetrates deeper to relax tight muscles and increase circulation to the area through vasodilatation.

ALTERNATING COLD & HOT

Some experts, like the Mayo Clinic*, recommend alternating cold and hot therapy for effective pain relief from overuse injuries and chronic pain.

*Mayo Clinic Staff. October 4, 2022. Migraines: Simple steps to head off the pain. <https://www.mayoclinic.org/diseases-conditions/migraine-headache/in-depth/migraines/art-20047242>

Please note: Before starting any type of therapy, consult your doctor. Always follow your healthcare professional's recommendations.



Polar Products is a family-owned company with over 35 years of experience manufacturing effective, high-quality and affordable hot & cold therapy products.

[polarproducts.com](https://www.polarproducts.com) | 800.763.8423

ACTIVE ICE® 3.0

COLD THERAPY SYSTEM

THE ACTIVE ICE® 3.0 HEAD CAP SYSTEM PROVIDES THE HIGHEST LEVEL OF COLD THERAPY!



COMFORTABLE AND EASY-TO-USE CIRCULATING COLD WATER THERAPY SYSTEM

The head cap system comes with over 10 feet of high-flow cooling water lines distributed throughout the cap for maximum effectiveness.

Comfortable, soothing design.

Continuous cold therapy with custom on/off cycles with the patent-pending programmable digital timer.

#AIS3.0-9-HC



ALSO AVAILABLE:

16 QT. SYSTEM WITH WHEELS & A RETRACTABLE HANDLE



EXTENDED HEAD CAP (#HCL)



RECTANGULAR PAD (#RB)

PUT IT IN YOUR PILLOWCASE FOR COOLING WHILE YOU SLEEP!

SOFT ICE®

COLD & HOT THERAPY

PROFESSIONAL-QUALITY COMPRESSION WRAPS PROVIDE TARGETED COLD OR HOT THERAPY

Pockets inside the wraps hold Soft Ice® Packs securely in place for convenient cold or hot therapy.

Our patented, eco-friendly, non-toxic Soft Ice® formula transfers heat out of the targeted body area more effectively than alternative methods. Soft Ice® Packs can be removed from the wrap and placed in the freezer or microwave. Packs will come out of the freezer just as soft and flexible as when they go in.



SOFT ICE® HEAD & JAW WRAP (#HB)



SOFT ICE® NECK & HEAD WRAP (#NC)



SOFT ICE® NECK & UPPER SPINE WRAP (#NCEX)

THERA-TEMP®

MOIST HEAT THERAPY

PROFESSIONAL-QUALITY, REUSABLE AND MICROWAVEABLE MOIST HEAT WRAPS

Tera-Temp® wraps use therapeutic, non-organic mineral beads which collect and hold moisture from humidity in the air. These non-organic beads will never break down, decay or develop an odor!

Wraps are designed with soft, luxurious fleece on the side nearest the skin and an insulated fabric with vapor barrier on the outside to direct the moisture and heat toward the body.

All of our therapy products have body-part specific or universal options available. See right for more products.



THERA-TEMP® EYE & SINUS WRAP (#MHE)



THERA-TEMP® CERVICAL WRAP (#MHC)



ACTIVE ICE® 3.0 KNEE & JOINT SYSTEM
#AIS3.0-9-KB



ACTIVE ICE® 3.0 SHOULDER SYSTEM
#AIS3.0-9-SB



SOFT ICE® DELUXE KNEE WRAP
#K2



SOFT ICE® BACK & HIP WRAP
#LS8L



THERA-TEMP® SHOULDER WRAP
#MHS



THERA-TEMP® KNEE WRAP
#MHS-K

PAIN MANAGEMENT KITS

Targeted combination kits provide the therapeutic benefits of both cold compression therapy and moist heat therapy. Kits include a Soft Ice® Compression Therapy Wrap, an extra set of Soft Ice® Cold and Hot Packs, and a Tera-Temp® Moist Heat Therapy Wrap.

SAVE MONEY WHEN YOU PURCHASE A KIT!



MIGRAINE & HEADACHE PAIN RELIEF KIT (#MHPRK)



HEAD & NECK PAIN RELIEF KIT (#NPRK)

ADDITIONAL PRODUCTS



Polar Products provides natural, drug-free pain relief!

Visit polarproducts.com to see our full line of hot & cold therapy products. For customer service, call 800.763.8423 or email polar@polarproducts.com.