

# REPLACING COUPLINGS ON THE ACTIVE ICE® 3.0 COLD THERAPY SYSTEM



## REPLACING THE COUPLINGS IS AN EASY PROCESS:

1. Cut off the old couplings with a pair of scissors. Always be sure you cut the tubing back to unused tubing. This will ensure a good seal.
2. Trim back the blue foam insulation, if necessary.
3. Push the new couplings into the tubing. Make sure to push the tubing all the way up to the base of the coupling.



**NEED ASSISTANCE? CALL US - WE'RE HAPPY TO HELP!**  
**polarproducts.com | 800.763.8423 | polar@polarproducts.com**

*Note: Couplings may be light blue or white.*