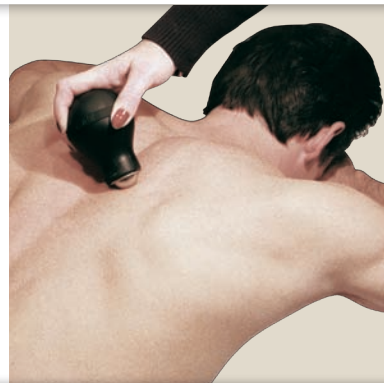


POLAR Products ***THERAPY CATALOG***



Natural Drug-free Pain Relief

Post-Surgery
Recovery p. 2

Customized
Hot/Cold Packs p. 3

Comforting Moist
Heat Wraps p. 5



POLAR Products

A leading manufacturer of hot
& cold therapy products since 1984
GSA Contract # V797P-4536a



POLAR Products A Note from our President



Welcome to Polar Products Inc. We are a family-owned and operated business specializing in the design and manufacture of innovative, high-quality and competitively priced hot and cold therapy systems.

Polar Products has over 25 years of experience providing effective cold, hot and massage therapy products to healthcare professionals, hospitals, home healthcare outlets, the US military and VA hospitals, sports teams, and many others. Our drug-free therapy products are professional-quality, non-toxic and reusable.

In addition to our excellent products, it is our mission to ensure complete customer satisfaction. At Polar, we believe that the best measure of our success is the loyalty of our customers. We appreciate the trust they place in us and are committed to always maintaining that trust.

With warmest regards, - William S. Graessle · President and CEO · Polar Products, Inc.

Table of Contents

Polar Products	Heat Therapy vs. Cold Therapy	pg 1
Active Ice®	Circulating Cold Therapy System	pg 2
Soft Ice® Packs	Reusable Cold & Hot Therapy Packs	pg 3
Soft Ice® Wraps	Cold & Hot Compression Therapy Wraps	pg 4
Thera-Temp®	Moist Heat Therapy Wraps	pg 5
Roller Ice®	Trigger Point Massage Tools	pg 6
Pain Relief Kits	Combination and Sports Therapy Kits	pg 6

When should I use heat therapy vs. cold therapy?

A good rule of thumb: Cold therapy for acute pain and heat or cold therapy for chronic pain. Use heat therapy prior to an activity to loosen up your muscles and cold therapy afterward.

For acute pain: Soft Ice® Compression Wraps provide short-term pain relief for soft-tissue injuries. Cold compression aids in reducing swelling, bleeding, spasms and pain.

For chronic pain: Thera-Temp® Moist Heat Therapy Wraps can be used for muscle discomfort or stiffness. Applying heat to an area effectively opens up the blood vessels allowing blood to flow freely to the affected area. Many doctors recommend alternating cold and moist heat therapy for chronic pain. This can be an effective treatment for repetitive strain injuries and may help with the pain of arthritis. Our drug-free pain relief kits provide the synergistic therapeutic benefits of cold compression and moist heat.

Please Note: This information is not intended as a substitute for professional medical treatment or consultation. Always consult your physician in the event of an injury or whenever using cold or hot therapy for a medical condition.

Active Ice® System Use only under the direction and supervision of a licensed healthcare practitioner.



Benefits of the Active Ice® System:

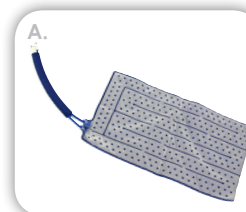
- Specifically designed for post-surgery, when serious pain relief is required!
- The universal bladder can be comfortably used on any part of your body that needs targeted cooling therapy, including shoulders, knees, hips, the back, and more.
- Easy to reuse time and time again - simply add ice and water to the cooler.
- Adjustable flow rate temperature control.
- High flow, dry, and quick disconnect couplings allow freedom of movement if needed.
- Elastic belt allows the universal bladder to be positioned on any targeted body area

Custom systems available!
Call us for details and pricing.

ACTIVE ICE® SYSTEM FEATURES #AIS

- Choice of universal therapy bladder
- One 3" x 44" elastic belt
- 9 quart cooling reservoir
- 5 feet of insulated water lines
- 30-minute timer
- Temperature control
- AC power adapter

"This system is a MUST for anyone who wants to accelerate their post-surgery recovery time. Using it has led to less pain and swelling." Barbara in VA



A. UNIVERSAL RECTANGULAR BLADDER #RB
Ideal for full coverage of the back. 12.5" x 22.5".

B. UNIVERSAL U-SHAPED BLADDER #UB
Ideal for knees, shoulder, back, ankles, elbows, calves and limbs. Compatible with compression wraps below. 10.5" x 12".



C. FOOT-SHAPED BLADDER #FB
NEW! Fits like a sock with full circulating water coverage of the foot. Can be used on the left foot or the right foot.

Optional compression wraps hold the bladder comfortably in place on the targeted body part, insulate the target area, control condensation and provide a gentle, adjustable compression.

D. SHOULDER COMPRESSION WRAP #SAW

E. KNEE COMPRESSION WRAP #KAW

F. LUMBAR COMPRESSION WRAP #LAW



ADDITIONAL OPTIONS:

- 15 quart wheeled cooler
 - Y-hose connector for double joint therapy
 - Battery pack for mobility
- See our website for more information.**

Active Ice® Head Cap

Cold water continuously circulates from the cooling reservoir through tubing sewn throughout the cap for cooling relief. Used for migraines, insomnia and more.

A. ACTIVE ICE® HEAD CAP #AIS-H

Fabric has a slight stretch for a soft, snug fit. Custom sizing available. Black.

B. ACTIVE ICE® EXTENDED COVERAGE HEAD CAP #AIS-HL

Covers the forehead and can be worn over the eyes. Black.



Soft Ice® Packs

Professional quality Soft Ice® cold and hot packs stay flexible when frozen for effective, comfortable cold therapy to injured joints, ligaments and muscles. Soft Ice® is an all-natural, non-toxic, recycled and biodegradable formula. The patented formula transfers heat out of the area more effectively than alternate methods. Soft Ice® retains its consistency when used as a heat pack and does not become a liquid.



SOFT AND FLEXIBLE • SAFE AND NON-TOXIC • DURABLE AND REUSABLE

A. Soft Ice® "V Series" Packs

Our original, reusable and non-toxic microwaveable packs. Ideal for use with our Soft Ice® Compression Wraps. Optional covers available. Sizes include:

3" x 6"	#V36	4.5" x 10"	#V4510
3" x 8"	#V38	6" x 9"	#V69
3" x 10"	#V310	6" x 12"	#V612
4.5" x 6"	#V456	8" x 9"	#V89
4.5" x 8"	#V458	8" x 11"	#V811

B. Soft Ice® "S Series" PRO-Packs

PRO-Packs are double-bagged for extra durability. Larger packs are segmented for even distribution of Soft Ice® material. Sizes include:

PRO-Pack 11" x 10"	#S10	PRO-Pack 11" x 14"	#S14
--------------------	------	--------------------	------

Double segment packs:

PRO-Pack 6" x 16"	#S16	PRO-Pack 12" x 12"	#S12
PRO-Pack 8" x 18"	#S18	PRO-Pack 11" x 15"	#S15

Triple segment packs:

PRO-Pack 6" x 24"	#S24	PRO-Pack 11" x 23"	#S23
-------------------	------	--------------------	------

C. Soft Ice® "M Series" Packs

Economical large format packs. Sizes include:

11" x 10"	#M10	11" x 14"	#M14
-----------	------	-----------	------



Soft Ice® Compression Wraps

Insulated wraps deliver a gentle, adjustable compression while holding Soft Ice® cold & hot packs securely on targeted body areas. The comfortable wraps allow freedom of movement. The soft inner fabric absorbs condensation and helps protect the skin while the insulated outer fabric directs maximum cold or hot therapy to the body.

A. SOFT ICE® BACK WRAPS

Lumbar with one 8" x 11" pack. #LS8L
Lumbosacral with one 12" x 12" pack. #LS12L

B. SOFT ICE® HEAD AND JAW WRAP #HB

Includes one 3" x 8" pack.

C. SOFT ICE® SHOULDER WRAP #SW

Includes two 6" x 12" packs, one 3" x 27" belt and one 3" x 10" belt.

D. SOFT ICE® NECK AND UPPER SPINE WRAP #NCEX

Includes three 3" x 8" packs for the neck and one 4.5" x 8" pack for the upper spine.

E. SOFT ICE® NECK AND HEAD WRAP #NC

Includes three 3" x 8" packs.

F. SOFT ICE® WRIST WRAP #SPW8

Includes one 4.5" x 8" pack.

G. SOFT ICE® ANKLE WRAP #SPA

Includes two 3" x 6" packs.

H. SOFT ICE® KNEE WRAP #K2

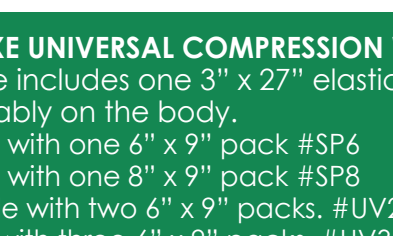
Includes two 6" x 12" packs.

I. SOFT ICE® THERAPY MITT #MIT

NEW! Includes two 6" x 9" packs.

J. SOFT ICE® FOOT, ANKLE AND ELBOW WRAP #FW

Includes two 4.5" x 6" packs and one 3" x 6" pack.



"I can strap it on around my neck and remain mobile. I rotate hot and cold per my doctor's orders and it just works great." Jean in CT

Private Label Ice Packs

Print your logo, name and contact information directly on the pack! Customized therapy packs provide outstanding affordable, targeted advertising. Unlike other forms of merchandising, your patient will keep these on hand for a long time and share them with friends and family who are in pain. When your clients need pain relief, it is a great time to remind them of you!



A. DELUXE UNIVERSAL COMPRESSION WRAPS

Each size includes one 3" x 27" elastic belt to hold the wrap comfortably on the body.

Single with one 6" x 9" pack #SP6

Single with one 8" x 9" pack #SP8

Double with two 6" x 9" packs. #UV2 (Shown)

Triple with three 6" x 9" packs. #UV3M

Triple with three 8" x 9" packs. #UV3L

B. UNIVERSAL JOINT WRAPS

Each size has attached elastic straps with hook and loop tabs.

Small with one 6" x 9" pack. #UVS

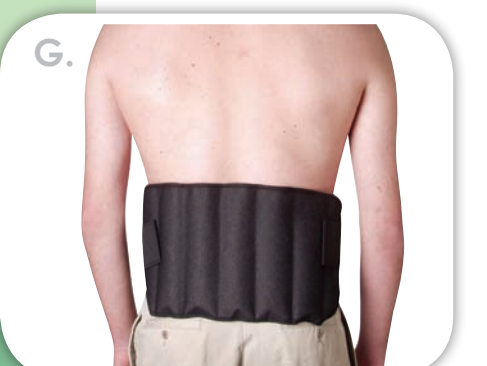
Medium with two 6" x 9" packs. #UVM (Shown)

Large with two 8" x 9" packs. #UVL

Thera-Temp® Moist Heat Therapy Wraps

Our microwavable moist heat wraps provide convenient, effective and deep-penetrating moist heat therapy. Professional quality wraps use therapeutic mineral beads that collect and hold moisture from humidity in the air. The beads will not break down, decay, or develop an odor. The wraps are constructed of soft fleece on the side nearest the skin and an insulated multi-ply outer fabric with vapor barrier to direct the moisture and heat toward the body. Elastic belts with hook and loop closure tabs hold the wraps comfortably on the body and allow freedom of movement.

Moist heat therapy provides temporary relief from arthritis and rheumatic pain, muscle strains & spasms, carpal tunnel, headaches, migraines and more!



A. THERA-TEMP® MOIST HEAT CERVICAL WRAP #MHC

Ideal for use around the neck or abdomen for relief from muscle aches or cramps. Includes one 3" x 27" belt and one 2" x 8" attachment tab.

B. THERA-TEMP® MOIST HEAT UNIVERSAL WRAPS

Can be positioned on the back, shoulder, and more. Each size includes one 3" x 27" elastic belt.

Target: 6" x 12". #MH612
Standard: 9" x 12". #M912
King: 12" x 16". #MH1216
XL Pad: 14" x 18". #MH1418

C. THERA-TEMP® MOIST HEAT WRIST WRAP #MHW

Universal design fits either wrist.

D. THERA-TEMP® MOIST HEAT SINUS WRAP #MHE

Provides comforting and gentle therapy for sinus headaches, migraines, and tension.

E. THERA-TEMP® MOIST HEAT SHOULDER OR KNEE WRAP #MHS

NEW! Can be used on either shoulder or knee. Includes one 3" x 27" and one 3" x 10" elastic belt for use on shoulder or one 3" x 44" belt for use on knee.

F. THERA-TEMP® MOIST HEAT NECK AND UPPER SPINE WRAP #MHCX

NEW! The benefit of moist heat therapy on the neck and down the spine. Includes one 2" x 8" attachment tab.

G. THERA-TEMP® MOIST HEAT LUMBAR WRAP #MHUVL

9" x 18" wrap is ideal for lower back therapy. Includes one 3" x 27" elastic belt.

H. THERA-TEMP® MOIST HEAT MITT #MHM

NEW! One size fits most. Universal design covers the left or right hand.

Roller Ice® Trigger Point Massage Tools

Provides targeted cold or hot therapy with a frozen or heated liquid reservoir which holds the temperature for an extended period of time and transfers temperature to the stainless steel massage ball or bullet. The ergonomic design is comfortable for the therapist's hand. Ease aches and pains, relax muscles and relieve tension without messy ice cups!

A. ROLLER ICE® #RI

B. ROLLER ICE BULLET #RIB



"I find the Roller Ice to be extremely therapeutic to my hands and effective at providing trigger point therapy." Dr. Hutchinson, chiropractor in FL

Drug-Free Pain Relief Kits

Combination therapy provides the synergistic therapeutic benefits of cold compression and moist heat. Moist heat offers more effective and deep-penetrating therapy than dry heat. Each kit includes a Soft Ice® Compression Wrap, an extra set of Soft Ice® packs, and a Thera-Temp® Moist Heat Wrap.

A. BACK PAIN RELIEF KIT

Includes #LS8L and #MHUVL

B. KNEE PAIN RELIEF KIT

Includes #K2 and #MHS-K

C. UNIVERSAL PAIN RELIEF KIT

Includes #UV2 and #MH912

D. MIGRAINE & HEADACHE PAIN RELIEF KIT

Includes #NC and #MHC or #MHE

E. NECK PAIN RELIEF KIT

Includes #NC and #MHC

F. SHOULDER PAIN RELIEF KIT

Includes #SW and #MHS

G. WRIST PAIN RELIEF KIT

Includes #SPW8 and #MHW

See our website for additional pain relief kits.



Sports Therapy



A. SPORTS THERAPY COMPRESSION WRAP #SHA
Includes seven 4.5" x 8" Soft Ice® Packs for simultaneous shoulder and elbow therapy.

B. COACH'S KIT

Includes #SW, #K2, #SP8, extra Soft Ice® packs and an insulated soft-sided cooler for transporting all products to the field.

C. DELUXE COACH'S KIT

Includes #SHA, #K2, #SP8, extra Soft Ice® packs and an insulated soft-sided cooler.

Also available from

POLAR Products: Solutions for Cooling Every Body!®

The leading manufacturer of evaporative cooling, phase change cooling, water-based cooling, hybrid technology AND circulating water cooling systems!

Cooling the body can be beneficial for:

- Industrial workers
- People with multiple sclerosis and other medical heat intolerance conditions
- Operating room and emergency response teams
- Women experiencing hot flashes
- Military personnel
- Athletes and recreation
- Mascots and costumes
- And more!

Kool Max™



Cool Flow®



Cool 58™



Cool Comfort™



Quick Cool®



Kool Max™



See our complete personal cooling and hot & cold therapy product lines on our website:

www.polarproducts.com



POLAR Products

3380 Cavalier Trail • Stow, OH 44224

Customer Service:

ph: 1.800.763.8423

fax: 1.330.253.4233

e-mail: polar@polarproducts.com



Follow
Polar on
facebook

