



# CoolFit® Kit

with Kool Max® Cooling Packs

Great for pre-cooling, post-cooling, and cooling during activity.

## COOLFIT® KIT INCLUDES:



PAIR OF ANKLE WRAPS

DELUXE NECK TIE



EXTRA KOOL MAX® PACK SETS FOR EACH WRAP

SECRETS TORSO COOLING WRAP

PAIR OF WRIST WRAPS



# POLAR Products

[www.polarproducts.com](http://www.polarproducts.com)

1.800.763.8423

# Activation and Use Instructions

If you have any questions or concerns regarding your product, please contact our Customer Service at **1.800.763.8423** or send an e-mail to [polar@polarproducts.com](mailto:polar@polarproducts.com). We will be happy to help!

## Using the Kool Max® Cooling Packs

Our reusable Kool Max® Cooling Packs are water-based, non-toxic and non-flammable. Place the packs individually and flat into a freezer until frozen hard. For best results, store the packs in the freezer, so they're ready when you are. When ready to use, simply remove the packs from the freezer and place in the insulated wrap pockets. Frozen packs may be transported or stored in a cooler for later use.

## Kool Max® Cooling Packs



## Wearing the Kool Max® Wraps

Kool Max® wraps should fit snug to the body for optimal performance. Many of our Kool Max® garments provide adjustable fit through the use of belts and straps with hook and loop tabs. Simply place the garment on your body and adjust straps for a snug fit.

## Cooling Adjustment

The cooling potential may also be adjusted by wearing one or more layers of clothing between the body and the garment. **Note: one or more layers of insulating fabric should always be worn between the skin and the cooling pack.** The size and number of packs used will also vary the amount of cooling.

## Maintenance and Care

**Kool Max® Wraps:** Hand wash in cool water with a mild detergent. Hang in a well-ventilated area to dry.

**Kool Max® Packs:** Packs may be wiped clean with a damp cloth.

**Note: Store packs in freezer or cool, dry environment when not in use.**

## Cooling Duration

The length of time Kool Max® wraps will cool depends on many factors, including the activity and body temperature of the person using the items and the temperature of the environment. The size and number of packs used will also vary the duration of cooling.

**Cautions and Warnings: Consult your health care professional prior to using this or any cooling products for a medical condition.** Kool Max® Cooling Products are designed for the specific objective of cooling the body. Polar Products recommends that all cooling products be worn over clothing or other fabric layers to regulate the products' cooling potential. The amount of layering required to ensure the highest level of cooling and comfort will vary from person to person and is strictly the responsibility of each individual user. **Polar Products Inc. will not be liable for injuries or damages resulting from misuse or misapplication of our products.**