

Active Ice® Cold Therapy System

Note: Read all included instructions and warnings before operating this unit.

OPERATING INSTRUCTIONS

- 1) **ALWAYS BEGIN WITH THE POWER SUPPLY UNPLUGGED.**
- 2) Completely fill the unit with ice to the return flow tube at the top of the unit.
- 3) Fill the unit with clean, cold water halfway between the top and bottom tubes. (*Approximately 2 - 3 quarts.*)
- 4) Connect hose to the therapy bladder or accessory. Couplings "click" when properly connected.
- 5) Connect power supply to the unit and plug into wall outlet.
- 6) Turn the unit on and run the unit with the bladder flat on a surface for five minutes. This will fill the system.
- 7) Position bladder or accessory on the targeted therapy area. **Caution: Never use the therapy bladder directly on the skin.** (*See included instructions.*)
- 8) Always ensure there is water flowing out of the return tube at the top of the unit. **Caution: Never run the pump without water. This will cause pump failure.**
- 8) When the temperature has risen outside the desired level, refill with ice.
- 9) Completely empty the unit and wipe out after each use.

WARNINGS

- 1) **USE ONLY UNDER THE DIRECTION AND SUPERVISION OF A LICENSED HEALTHCARE PRACTITIONER** (*See included instructions.*)
- 2) Care and supervision must be provided when using this system for children, diabetics and unconscious or incapacitated people.
- 3) **Always use an insulating layer between the therapy bladder and the skin.** (*See included instructions.*)
- 4) If numbness occurs, discontinue use and consult your prescribing healthcare practitioner immediately.
- 5) **Danger!** Risk of explosion if used in the presence of flammable anesthetics.
- 6) **Contact Polar Products for service.**



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