



POLAR Products

MS Newsletter, Spring & Summer 2017

We celebrate MS Nurses!



Congratulations to the **International Organization of Multiple Sclerosis Nurses** as they celebrate their 20th anniversary! Polar Products is grateful to MS Nurses around the world for all that you do. We know that MS Nurses play a vital role in clients' well-being by providing education, development of goals, and comprehensive care plans. Thank you for choosing our company and products to be a part of your passion to improve lives.

"As a nurse, I find that our clients truly benefit from Polar's cooling vests and neck wraps. You have been so wonderful and helpful in providing heat relief which enables us to better assist our clients with MS." – Jennifer, RN in AZ

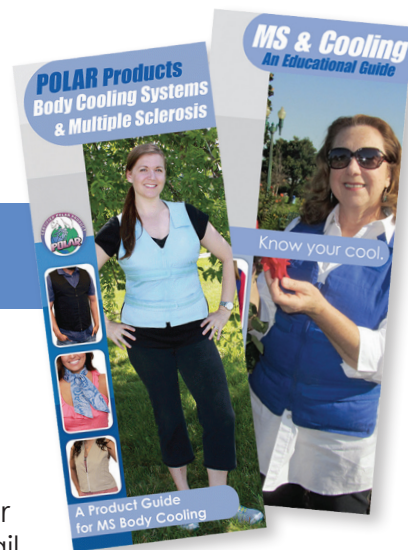
FREE EDUCATIONAL LITERATURE

Each person's MS is different. It is important for your clients to choose the right type of cooling garments to meet their unique needs. Our informational materials can help your clients make informed choices about body cooling.

La literatura educativa gratuita de Polar ya está disponible en español. ¡Consiga la suya hoy junto con una muestra gratis!

FREE PRODUCT SAMPLES FOR DEMONSTRATION & RESEARCH STUDIES

There is no "one size fits all" choice for body cooling. We are happy to send sample vests and accessories to your clinic or organization for your clients to see first-hand. Qualifying clinics and organizations: fax or e-mail the order form inside to request educational literature for your clients and FREE cooling vests for demonstration! Additional copies of this newsletter are available upon request.



Polar Products Inc. is the leading worldwide manufacturer of high-quality, effective and affordable body cooling products for people with multiple sclerosis (MS). Learn more about our company and products at www.polarproducts.com.



FINANCIAL ASSISTANCE

Polar Products is a Proud Supplier for
MS Non-profit Cooling Programs!

The **MULTIPLE SCLEROSIS ASSOCIATION OF AMERICA** (MSAA) offers year-round cooling programs for adults, teens and children. Polar supplies the following kits:

- **COOLFIT® KIT (Option B)** includes lightweight wraps for the torso, neck, wrist and ankles.
- **KOOL MAX® ZIPPER VEST AND NECK WRAP (Option C)** A cooling vest must fit snug to the body for optimal cooling. One size vest cannot fit all! Our Kool Max® Zipper Vest is available in size Small/Medium up to size 2XL/3XL!
- **CHILDREN'S COOLING VEST AND NECK WRAP**

For more information: Call MSAA at 1.800.532.7667
or visit www.mymsaa.org/msaa-help/cooling/

COOL & FIT

Exercise is not just an essential tool to remain healthy; it can also help alleviate MS symptoms.

In a University of Utah study published in 1996⁽¹⁾, individuals that participated in 40 minutes of aerobic exercise 3 times a week benefited from:

- **Better cardiovascular fitness**
- **Improved strength**
- **Less fatigue and depression**
- **Increased participation in social activities**
- **Better bladder and bowel function**
- **A more positive attitude**

Visit the following websites for additional information:

1. <http://www.nationalmssociety.org/Living-Well-With-MS/Health-Wellness/Exercise>
2. <https://www.ncbi.nlm.nih.gov/pubmed/8619521>



COOLFIT® KIT

We provide cooling garments for the outstanding cooling programs offered by national MS non-profit organizations. Clients with MS who meet financial eligibility guidelines for the MSAA and MSF Cooling Programs can receive our cooling vests and accessories at no cost! We also offer discounts for clients who do not qualify for these programs and order from Polar directly.



The **MULTIPLE SCLEROSIS FOUNDATION** (MSF) offers a seasonal cooling program. MSF offers a variety of cooling vests and accessories, including the following Polar kits:

- **FASHION COOLING VEST AND NECK WRAP** for men or women with the client's choice of Kool Max® or Cool58® Packs. Vest sizes are available in Small through 4XL. Women's vests are also now available in Pink or Light Blue!
- **COOL COMFORT® EVAPORATIVE HYBRID KIT** is a great lightweight choice for outdoor activity.



For more information: Call MSF at 1.888.MSFOCUS (673.6287) or visit www.msfocus.org/Cooling-Program.aspx



COOL COMFORT® HYBRID



KOOL MAX® ANKLE WRAPS



KOOL MAX® NECK WRAP

STAY ACTIVE WITH ADAPTIVE SPORTS

Adaptive sports encourage individuals to get involved and stay fit. These programs are designed for individuals of all skill levels.

Disabled Sports USA is a great resource for locating adaptive sports, including:

- Archery • Basketball
- Bowling • Cycling
- Equestrian • Hand Cycling
- Rowing • Sled Hockey
- Wheelchair Racing • Yoga

To see a complete list of adaptive sports, visit disablesportsusa.org.

Keeping Cool While Staying Fit!

Our goal at Polar is to keep you cool and comfortable during your fitness and sports activities.

Take a look at Polar's top five cooling garments for fitness & sports:

1. Cool Comfort® Performance Full and Half Vests
2. CoolFit® Kit
3. Wheelchair Cooling Seat Cushion
4. Cool58® Phase Change or Cool Comfort® Baseball Cap
5. Kool Max® and Cool58® Wrist & Ankle Wraps

Visit www.polarproducts.com to see our sports & fitness products!

NEW Products

Visit www.polarproducts.com to learn more and shop our complete body cooling product line.

COOLING NECK WRAPS AND SCARVES

We offer the most diverse selection of cooling neck wraps. Choose a neck wrap to match your unique style and individual needs!

COOL58® PHASE CHANGE HAT INSERT

Designed to fit in all of our hats (or create your own custom cooling hat!) Recharge quickly in ice water and keep cool on-the-go!

COOL58® BREAST & CHEST COOLERS

Bra coolers now available with full cooling coverage! Can be easily inserted into bra or just placed on the breast or chest for therapy. Cools at a comfortable 58 degrees F.



BASEBALL CAP WITH
PHASE CHANGE INSERT



BREAST COOLERS

"This fashion scarf is great. I live in Missouri where the weather gets unbearable in the summer, especially at work in a hot warehouse. I am heat intolerant due to MS and the scarf has really helped keep me cool on the hot days. I love it!" – Cat in MO



FASHION COOLING SCARVES

See you at the CMSC Annual Meeting in New Orleans!

This will be our 13th consecutive year attending the CMSC Annual Meeting. Please stop by our booth to say hello and pick up a complimentary Soft Ice® cold/hot therapy pack! • May 24-27, 2017 • Ernest N. Morial Convention Center • New Orleans, LA • www.cmsscholar.org/2017-cmsc-annual-meeting/

VA HOSPITALS SUPPLY POLAR PRODUCTS FOR VETS

Did you know that VA Hospitals will provide Polar's body cooling vests and hot/cold therapy products at no cost to veterans? Polar Products is a proud supplier to VA Hospitals and MS Centers of Excellence nationwide. Our body cooling garments are used by veterans with multiple sclerosis, amputees and others with various heat-sensitive medical conditions.

GSA Contract Holder: FSS #797D-30220

HOT & COLD THERAPY FOR PAIN MANAGEMENT

Polar's professional-quality therapy products provide effective drug-free pain relief for musculoskeletal pain, post-surgery recovery, chronic pain and other discomforts that people with MS often experience.

- Reusable cold/hot therapy packs
- Microwaveable moist heat wraps
- Circulating cold water therapy system



THERA-TEMP® MOIST HEAT
CERVICAL WRAP



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See all of our body cooling and therapy products at www.polarproducts.com.

