

# ACTIVE ICE® 3.0 SHOULDER PAD INSTALLATION

# SHOULDER PAD INSTALLATION GUIDE

## FOR THE ACTIVE ICE® 3.0 COLD THERAPY SYSTEM

THE BROAD COVERAGE SHOULDER THERAPY PAD COMES WITH THREE DETACHED BELTS.



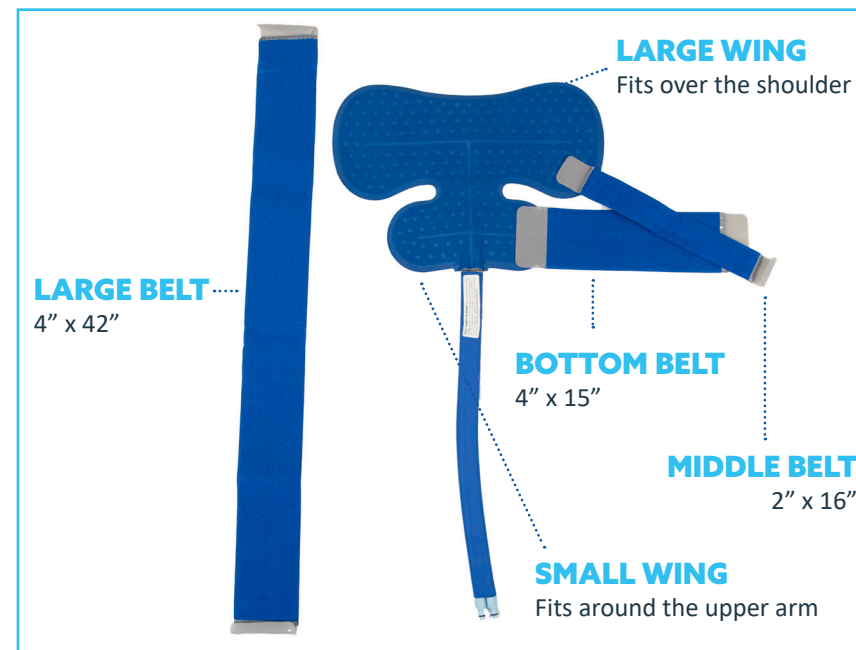
Loop the large belt around the back and under the arm. Attach the end of the large belt to the front of the shoulder pad.



### GETTING STARTED:

When installing the shoulder pad, be sure to have a protective layer of cloth between the pad and the skin. A cotton T-shirt works well. Run water through the pad before installing per the Active Ice® manual. For the shoulder pad, we recommend disconnecting the pad from the cooling reservoir to install.

**NOTE:** It is always helpful to have assistance in installing and adjusting the shoulder pad, especially the first time.



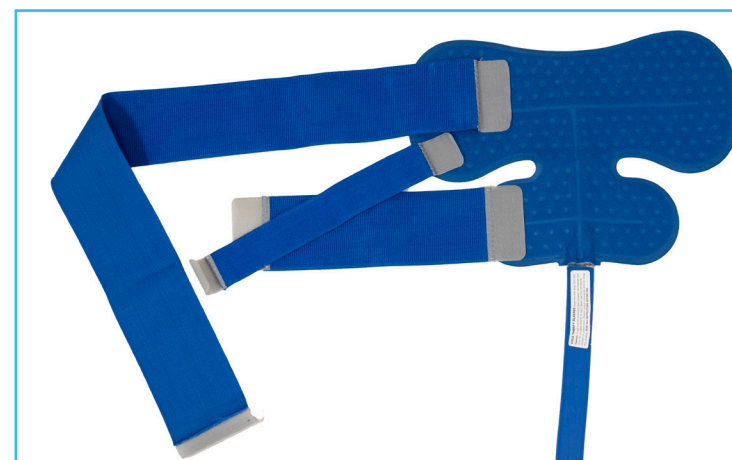
Adjust all three belts for fit and comfort.

### REMINDER:



Be sure the metal tabs on the female couplings are pushed down. Then insert the male couplings from the pad into the female couplings from the tubing connected to the cooling reservoir. Insert one at a time. There should be an audible “click” when the couplings are properly seated.

### RIGHT SHOULDER THERAPY:



### LEFT SHOULDER THERAPY:



Attach all three detached elastic belts accordingly. See examples above for both the right and left shoulder.

**NEED ASSISTANCE? CALL US - WE'RE HAPPY TO HELP!**  
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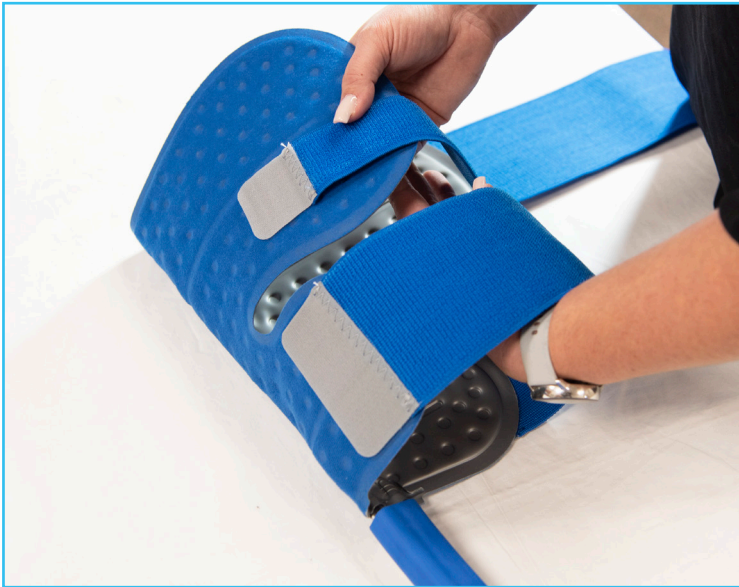


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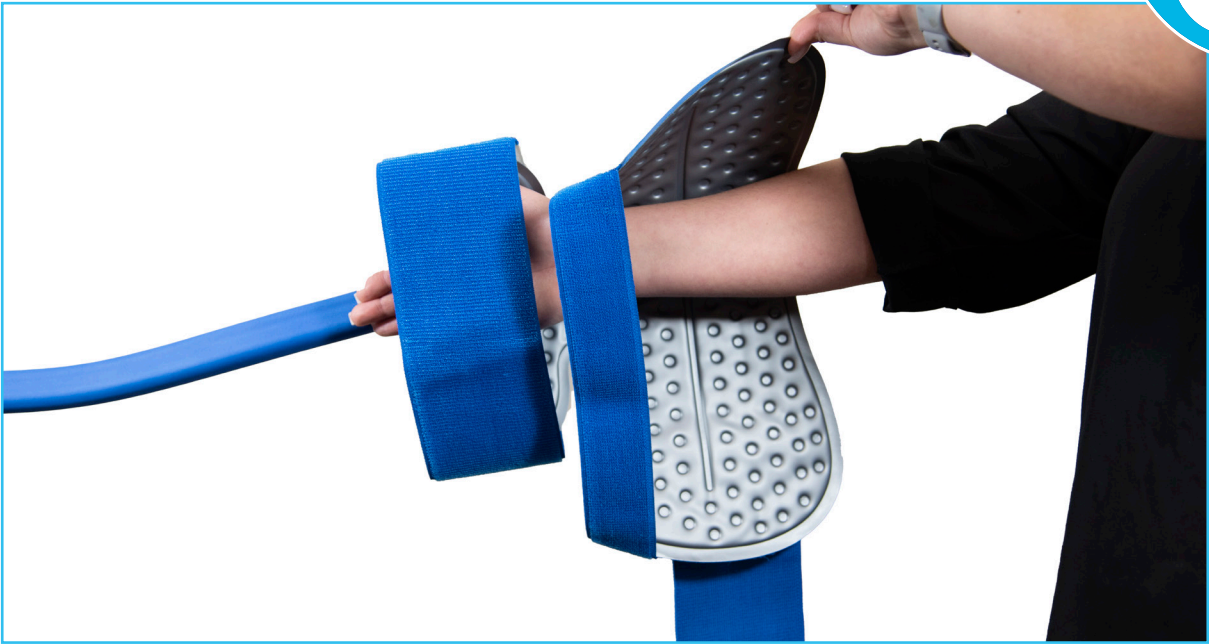




Attach the bottom belt to the small wing, making a loop.



Attach the middle belt to the large wing, making a second loop.



Place your hand through the two loops with the large wing on the top.

### RIGHT SHOULDER THERAPY:



### LEFT SHOULDER THERAPY:



The remaining photos in this guide will show how to apply the therapy pad to the right shoulder. If needed, please adjust accordingly and do the opposite for the left shoulder.



Pull the pad up on the shoulder. The large belt should hang down the back, and the insulated tubing should follow down the arm.